

## Night Owls Transcript

**MARKETING DESCRIPTION:** Introduction to the Night Owls society signposting their core service and how to get involved as a volunteer.

**WEBSITE:** <https://su.nottingham.ac.uk/activities/view/night-owls>

Hi, we're Night Owls and we're a society that helps students stay safe on a night out.

We run two shifts a week, on a Wednesday and Thursday, each shift starts with a briefing where we explain what's in our bags, the routes each patrol will take around the city and patrol groups. Each patrol has three to four people.

The patrols then walk into town with one Wednesday patrol going to Ocean and one going to Rock City. On Thursday, the patrols go to Rock City and the city centre, this is a nice chance to get to know the rest from the patrol and we have a lot of fun on these walks.

Typically, on a shift we meet lots of different people and try to help everyone we can. Whether these are drunk students, people who have lost their friends or those who need directions around town. We give out lots of biscuits, sweets, and water, and provide first aid if needed. We provide loads of foil blankets for anyone that might be cold and pick up any litter we find around the city.

If this sounds daunting or overwhelming, don't worry, all of our volunteers undergo a day of training which includes self-defence, first aid and active listening. Our Welfare Officers are also on hand to provide support for any volunteers who have any issues both during and away from patrols.

These patrols are a great way to get to know the city, we do a lot of walking, for anyone who likes to get their steps in this is a perfect opportunity to hit that 10,000 marker.

Two experienced volunteers stay in the office and call the patrols every half an hour to check that everyone is safe and see what you've been up to and support you if you need.

We aim to have regular socials so you can get to know your fellow volunteers outside of shifts. In the past we've been bowling, went out to Ocean and have regular Domino's nights.

We also help students get along, we can do this by putting people into taxis and we can also walk people home if they live close to the city.

Due to the current situation with coronavirus, our normal running of shifts has been put on hold until clubs reopen and it's safe for our volunteers. Until then we're planning loads of new exciting projects within the society. Follow us on social media to keep up with progress and find out more information on how to join us.