

Nottingham Sexual Violence Support Services Transcript

MARKETING DESCRIPTION: Introductory video to the Nottingham Sexual Violence Support Services detailing their core services and operational hours.

WEBSITE: <https://nottssvss.org.uk/>

WE LISTEN, WE BELIEVE, WE SUPPORT

Nottinghamshire Sexual Violence Support Services. Nearly 40 years of listening and supporting the local community and beyond.

Hi there, my name is Ruby Thurston-Ambrose and I am the helpline coordinator at Nottinghamshire Sexual violence Support Services. And basically the helpline is almost like the central hub of the organisation. We take referrals online and by phone for the counselling service, the SV service and just give guidance as to where survivors and professionals might be able to get support elsewhere if they need it. And we also take emotional support calls, sometimes they might be one of calls, sometimes we have regular callers, so we do many different things within the organisation. And recognise that the students, it might be really really important to reach out to us, so I do hope that you will choose to do so if you feel that you would benefit from our services.

Our helpline offers emotional support to anybody, aged 13 and over, who has experienced any type of sexual violence. Or for those concerned about a friend, partner, or family member: 0115 941 0440. You do not need to report to the police to get support. Being drunk or having taken drugs does not mean you are to blame. Sexual violence can happen in any relationship. Whatever happened... the blame always sits with the perpetrator.

If you don't feel like talking on the phone, you can fill in a contact form on our website and we will get back to you.

Notts SVS Services helpline: Monday – Tuesday 4pm to 7:30pm and Wednesday to Saturday from 10 am to 1pm, 0115 941 0440. Outside these hours please call Nottinghamshire's 24 hours Domestic and Sexual Violence Helpline on 0808 800 0340. If you would like to receive email support you can contact us at support@nottssvss.org.uk

Hello, I'm Lucy and I'm the senior counsellor at Nottinghamshire Sexual Violence Support Services. Our team are offering both long term client centred therapy and additionally we offer brief solution focus therapy. We also offer group work, so group therapy, that takes place 3 to 4 times a year. And we work with both men, women, young people and also members of the non-binary and LGBTQ+ communities. We also offer email counselling and we're looking at developing web chat services for easier access services really. If you would like a referral into our services be that to talk about anything historical or anything current then do please contact the helpline, they will put the referral through to us and we will get in touch with you.

Our face-to-face support has been provided online recently due to the pandemic. We are looking to offer in-person support in the near future...

We understand the challenges facing BAME survivors, including FGM and 'honour-based' abuse. We have translated guides on our website and can use an interpreter if this will help.

LGBTQ+ people are equally likely to experience sexual violence. We will support you. We will not judge or out you.

We have accessible rooms and can provide information in large print. We can provide a BSL interpreter if needed.

Our services offers support to anybody aged 18 or above, who has experienced sexual violence, whether they wish to report to the police or not

Our... will identify any support need and help a survivor to access what they require. If someone decides to report to the police, we will help them from report all the way through the criminal justice process.

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ISVA Service: Our Independent Sexual Violence Adviser Service can offer practical and emotional support and help you decide whether to report.

You can find out about all our services and download leaflets and support information from our website: www.nottssvss.org.uk

If you have experienced an incident in the last 7 days you can get medical help and support with your decisions at the Topaz centre- Nottinghamshire's Sexual Assault Referral Centre:

<https://www.topazcentre.org/>

The Consent Coalition works to improve the understanding of consent in Nottingham, join the conversation @ConsentInNotts (Instagram, twitter and facebook). Web:

<https://nottssvss.org.uk/consent-coalition/>